

# The Whanau Plan

<b>What are the agreed goals for the young person and their AOD use?</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>			
What are the family actions/activities that family members will do to <b>PREVENT TRIGGERS</b> for AOD use and to set up for success? <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li><li>•</li></ul>	How will family members <b>RESPOND TO AOD USE</b> when it is actually occurring? <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li><li>•</li></ul>	What will family members do to <b>ACKNOWLEDGE AND REWARD</b> the young person in maintaining their agreed goals for recovery and to further encourage these goals? <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li><li>•</li></ul>	What will family members do to apply any <b>NATURAL CONSEQUENCES</b> of use and to maintain agreed limits for behaviour? <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li><li>•</li></ul>

**Whanau Plan**

**What are the underpinning family beliefs and relationship values that support these actions?**

**What are the family resilience factors (resources, processes, skills) that support these actions?**

**How will barriers identified by the whanau be addressed?**

**What further resources/services are needed to support this plan?**

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